

Patient Name _____ Date _____

To the patient:

Under North Carolina Law, your Chiropractic physician has a duty to explain the treatment being recommended, to inform you of the usual risks associated with treatment, to explain other treatment options and to answer any questions you may have regarding treatment. You may have been given reading material pertaining to these topics, but your doctor is also obligated to discuss them with you in person. Do not sign this form until you are satisfied that you have received sufficient information to enable you to give your informed consent to treatment.

Note: If the patient is a minor or legally incompetent adult, consent should be given by the patient's parent or legal guardian.

The recommended Chiropractic treatment plan has been explained to me, along with the risks associated with Chiropractic treatment and other treatment options. I have discussed these matters with my attending Chiropractic physician at Moliver Chiropractic, PLLC, and my questions have been answered to my satisfaction. No guarantees have been made to me regarding treatment outcomes. I have weighed the risks involved and have decided that it is in my best interest to undergo the treatment recommended. I hereby give my consent to Chiropractic treatment at Moliver Chiropractic, PLLC, by who may treat me now or in the future. This consent will include those employed by, working for, or associated with Moliver Chiropractic.

(If the patient is a competent adult, complete this section)

Patient's Name *(please print clearly)* _____

Patient Signature _____ Date ____/____/____

(If the patient is a minor or legally incompetent adult, complete this section)

Patient's Name *(please print clearly)* _____

Patient age _____ Date of Birth ____/____/____

Person authorized to sign for patient *(please print clearly)* _____

Relationship to patient _____

Signature of Authorized person _____ Date ____/____/____

I have personally discussed informed consent with this patient and they have given their verbal consent prior to treatment.

Doctor's signature _____ Date ____/____/____

Chiropractic Treatment and its Risks

Nature of Chiropractic Treatment

Prior to beginning treatment, you will be given a physical examination that can include taking vital signs, range of motion testing, muscle strength testing, palpation, orthopedic testing, neurological testing and x-rays. Once your condition has been diagnosed, the primary method of treatment will be spinal manipulation, also known as spinal adjustment. An adjustment is a quick, precise movement of the spine over a short distance. Adjustments are usually performed by hand but may be performed by hand-guided mechanical instruments, such as our Pro-Adjuster Technology. In addition to the spinal manipulation, treatment can also involve other forms of therapy including ultrasound, electrical stimulation, traction, hot and cold packs, exercise and nutritional supplements.

Risks of Chiropractic Treatment

All health care procedures carry some degree of risks. The most common side effect of spinal manipulation is short-term muscle soreness. More serious side effects can include bone fractures, muscle strain, ligament sprain, joint dislocation and injury to the discs, nerves or spinal cord. Some manipulations of the upper spine have been associated with injury to the arteries in the neck, which could cause or contribute to stroke. However, documented cases are exceedingly rare, and it has been estimated by researchers that the probability of a spinal adjustment causing a stroke is one in several million.

As for Chiropractic therapies other than spinal manipulation, the risks are also very slight but can include skin irritation or burns. Compared to other forms of health care, Chiropractic is extremely safe, and complications are generally rare.

Treatment Options Other than Chiropractic

Other treatment options for your condition may include:

- Self-administered, over-the-counter analgesics;
- Medical care and prescription drugs such as muscle relaxers, pain killers, and drugs to reduce inflammation
- Surgery
- Remaining untreated

If you decide to pursue other treatment options, you should discuss the risks and benefits with your medical physician. Remaining untreated carries its own risks and may allow the formation of adhesions, scar tissue and other degenerative changes. These changes can further reduce mobility and induce chronic pain cycles.

Unusual Risks

If your pre-treatment examination reveals any health issues that would make some forms of Chiropractic treatment inadvisable ('contra-indicated'), your Chiropractor will explain the risks to you and answer any questions you may have.